

Medi-Cal Choices in Your County



Medi-Cal Choices For People with Disabilities and Seniors in **Sacramento County**

This part of the guidebook can help you decide which kind of Medi-Cal is best for you.

If you live in Sacramento County and are a person with a disability or a senior, you can choose to be in Regular Medi-Cal, Anthem Blue Cross, HealthNet, Molina Healthcare of California,* or Western Health Advantage.†

Anthem Blue Cross, HealthNet, Molina Healthcare of California, and Western Health Advantage are Medi-Cal Health Plans.

If you join one of these Plans, you still have Medi-Cal.

To learn more about your choices, call

Anthem Blue Cross: 1-800-227-3238

HealthNet: 1-800-675-6110

Molina Healthcare of California: 1-888-665-4621

Western Health Advantage: 1-800-667-2103

To learn more about these Plans, call

Health Care Options: 1-800-430-4263

Regular Medi-Cal: There is no phone number to call.

Please look at the next 3 pages for more useful phone numbers.



Your Medi-Cal Choices in Sacramento County:

- Use this chart to compare your Medi-Cal Choices.
- If you want to join Anthem Blue Cross, HealthNet, Molina Healthcare of California*, or Western, call **Health Care Options** at **1-800-430-4263** and ask for an enrollment packet. You can also enroll online at www.hco.ca.gov.
- If you want to stay in Regular Medi-Cal, do not do anything.

	Medi-Cal	
	Anthem Blue Cross 1-800-227-3238 www.bluecrossca.com	HealthNet 1-800-675-6110 www.healthnet.com
Basic Services		
Basic Medi-Cal Benefits	Same	Same
24-Hour Advice Nurse	Yes	Yes
Customer Service Phone Hours	7 am–12 am	24 hours
Interpreter Services	Yes	Yes
To Get a List of Preferred Drugs	1-800-227-3238	1-800-675-6110
Costs to You		
Cost for Doctor Visits	\$0	\$0
Cost for Drugs	\$0	\$0

Useful Phone Numbers

Denti-Cal

For information about dental care that is covered by Medi-Cal for people under age 21

Area 4 Agency on Aging

For information and referrals to many services for people with disabilities and seniors

Sacramento County Department of Health

For information about mental health services

Alcohol and Drug Programs

For help with alcohol and drug problems

Health Advantage,[†]
 toll over the phone.

Health Plans		Regular Medi-Cal (No phone number) www.medi-cal.ca.gov	See page:
Molina Healthcare of California 1-888-665-4621 www.molinahealthcare.com	Western Health Advantage 1-800-667-2103 www.westernhealth.com		
Same	Same	Same	p. 6
Yes	No	No	p. 12
7 am–7 pm	8 am–5 pm	None	p. 33
Yes	Yes	Call your doctor or clinic.	p. 28
1-888-665-4621	1-800-667-2103	Ask your doctor or pharmacist.	p. 14
\$0	\$0	\$0	p. 8
\$0	\$0	\$0–\$1	p. 8

Some people with Medi-Cal have Kaiser Medi-Cal Health Plan. In Sacramento County, Kaiser is only available for a limited amount of people. This includes people who have had coverage through Kaiser in the past or have an immediate family member currently enrolled in Kaiser.

1-800-322-6384
1-800-510-2020
1-888-881-4881
1-800-879-2772

Hospitals you can go to for medical care in Sacramento County are below.

You will usually go to the hospitals that your doctor works with.

For hospitals where you can go for mental health care, call 1-888-881-4881.

Anthem Blue Cross

- Mercy Hospitals–Sacramento (General), Folsom, and San Juan
- Sutter Hospitals–Davis, General, Memorial, and Roseville
- Methodist Hospital of Sacramento

HealthNet

- Marshall Medical Center
- Methodist Hospital of Sacramento
- Mercy Hospitals–Sacramento (General), Folsom, and San Juan
- Sutter Hospital–Roseville

Molina Healthcare of California*

- Mercy Hospitals–Sacramento (General), Folsom, and San Juan
- Methodist Hospital of Sacramento
- Sutter Hospitals–General and Memorial

Western Health Advantage[†]

- UC Davis Medical Center

Regular Medi-Cal

- Kindred Hospital
- St. George's Medical Center
- Mercy Hospitals–Sacramento (General), Folsom, and San Juan
- Sutter Hospitals–General, Memorial, and Sacramento Sierra
- Methodist Hospital
- UC Davis Medical Center

If you have Regular Medi-Cal, you can also go to hospitals and providers outside your county.

The information on these pages is as accurate as possible as of June 2009.

*Molina Healthcare of California Partner Plan, Inc.

[†]Western Health Advantage Community Health Plan.